



2<sup>nd</sup> – 3<sup>rd</sup> May 2020

GC Sports & Leisure Centre

Nerang-Broadbeach Rd

Online registration

[www.goldcoastopen.com.au](http://www.goldcoastopen.com.au)





1<sup>st</sup> Feb 2020

To: Instructors, Coaches, Parents and Athletes

Dear friends

Welcome to the 2020 Mooto Gold Coast Open. Once again Mooto Australia are our main sponsor. Schedule and fees are the same as last year.

The Mooto Gold Coast Open is open to all players regardless of affiliation. Any Taekwondo club (WT style) are welcome to enter. Students are responsible for their own personal insurance through their instructor.

Now in its 11<sup>th</sup> year, we are proud to be the largest "club team" competition in Australia. To ensure we finish on time, the event will again be capped at 500 entries. Interstate players please do not book return flights before the scheduled finish time. We will not be moving matches to accommodate early departures.

All players will require E-Foots. Head kick divisions will all be using E-Head guards. If you need any assistance, please do not hesitate to contact me via email.

We look forward to seeing you on the Gold Coast.

Yours sincerely,

Chairman Organising Committee.



## EVENT INFORMATION

Saturday 2<sup>nd</sup> May (9 - 6pm)

All Colours



- Seniors +18
- Masters +31
- Cadet 12-14yrs
- All Poomsae

Sunday 3<sup>rd</sup> May (9 - 6pm)

All Colours



- Juniors 15-17 Yrs
- Youth 6 - 11yrs

## Athlete Entry Fees

Sparring	Early bird	Normal
Coloured belts	\$80.00	\$90.00
Black belts	\$100.00	\$110.00
Extra Sparring divisions	\$60.00	\$60.00
Poomsae		
Coloured belts	\$70.00	\$80.00
Teams/Pairs only	\$70.00	\$80.00
Black belt Divisions	\$100.00	\$110.00
Extra Poomsae	\$35.00	\$35.00
Para-Taekwondo	\$20.00	\$25.00
Jump Kick (Youth & Cadet only)	\$20.00	\$25.00

## Spectator Entry Fee

- Adults..... \$ 0
- Children.....\$ 0

**FREE Entry**

Online Registration. [www.goldcoastopen.com.au](http://www.goldcoastopen.com.au)

Available from Sat 1<sup>st</sup> February 2020 – 3 months to go

Early bird by Thurs 2<sup>nd</sup> April 2020 – 1 month to go

Closing Date: Sat 18<sup>th</sup> April 2020 – 2 weeks to go.

Competition Starts: Sat 2<sup>nd</sup> May 2020

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## Time Table

Based on 500 athletes we aim to have the event completed by 6pm each day.

Friday 1 <sup>st</sup> May 2020	
4.00 – 6.00pm	Weigh in (available to all athletes) At GC Sports & Leisure Centre (Venue)

Saturday 2 <sup>nd</sup> May 2020			
Poomsae	All divisions		
Sparring	Cadets (12-14)	Seniors 17+	Masters 31+
7:30 - 8:00	Doors open, Officials arrive		
8:00 - 8:45	Morning Weigh in.		
9:00 - 1:00	Morning Sparring		
9:00 - 1:00	Morning Poomsae (Coloured belts & WT individual)		
12:00 - 1:00	Weigh in - Afternoon session & Sunday athletes weight in. (optional)		
1:00 - 1:30	Jump Kick Competition (Youth & Cadet only) Referees & Officials lunch.		
1.30 – 6:00	Afternoon Sparring competition.		
1.30 – 6.00	Afternoon Poomsae (1v1 Black & Pairs/Teams)		

Sunday 3 <sup>rd</sup> May 2020		
Sparring→	Youth (6-11)	Juniors (15 -17)
7:30 – 8:00	Doors open, Officials arrive	
8:00 – 8:45	Weigh in (All remaining athletes)	
9:00 - 1:00	Morning Sparring Session.	
12:00 - 1:00	Weigh in - Afternoon session	
1:00 – 1:30	Jump Kick Competition (Youth & Cadet only) Referees & Officials lunch.	
1.30 – 6:00	Afternoon Sparring Session	

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## Sparring Information

Head Kicks					
Division	Age	Yellow	Blue	Red	Black
Youth	Under 12	×	×	×	×
Cadet	12-14 yrs	×	×	✓	✓
Junior	15-17 yrs	✓	✓	✓	✓
Seniors	17+	✓	✓	✓	✓
Masters	31+	×	×	×	×

### Coaches.

No registration required for coaches. Each club will be given 1 Coach id per 5 players. A coach briefing meeting will occur 30 minutes prior to the start time of each day of the sparring competition. Coaches are required to attend briefings.

### IVR (Instant Video review)

- Protest cards will only be used in Black and Red belt divisions. There will be video review on black belt courts.

A limited number of foot protectors will be available for purchase on the day.

All division will be using Daedo electronic chest guards.  
Electronic head guards will be used for all head kick divisions.

### Safety Equipment

- ✓ Sparring athletes must supply / wear groin, shin, arm and head guards (Non-head kick divisions) and gloves.
- ✓ All divisions must have the Daedo electronic foot protectors.
- ✓ The Organisers will provide the electronic chest and E-Head guards to use.
- ✓ Mouth guards are compulsory and must be white or clear.

### Modified Rules.

A head kick, intentional or through lack of caution, will be treated as attacking the head with the fist or the hand. The appropriate penalties Gamjeom (deduction point), or disqualification will apply.



## Sparring Divisions

### Youth MALE or FEMALE 6 to 11 YRS (up to 2 years apart) – born 2014 to 2009

Over	-	19	22	25	28	31	34	38	42	46	50	55	60
Under	19	22	25	28	31	34	48	42	46	50	55	60	

### Cadet 12 to 14 YRS – born 2006 to 2008

#### MALE

Over	-	33	37	41	45	49	53	57	61	65
Under	33	37	41	45	49	53	57	61	65	

#### FEMALE

Over	-	29	33	37	41	44	47	51	55	59
Under	29	33	37	41	44	47	51	55	59	

### Juniors 15-17 YRS – born 2003 to 2005

#### MALE

Over (kg)	-	45	48	51	55	59	63	68	73	78
Not exceeding (kg)	45	48	51	55	59	63	68	73	78	

#### FEMALE

Over (kg)	-	42	44	46	49	52	55	59	63	68
Not exceeding (kg)	42	44	46	49	52	55	59	63	68	

### Seniors 18+ and MASTERS 31+ (Separate divisions) – born 2002 or prior

#### MALE

Over (kg)	-	54	58	63	68	74	80	87
Not exceeding (kg)	54	58	63	68	74	80	87	

#### FEMALE

Over (kg)	-	46	49	53	57	62	67	73
Not exceeding (kg)	46	49	53	57	62	67	73	



### Court Marshalling

We will use the same system as last year whereby all players in a division will go to a court and complete the division before the next division starts.

### Sparring Summary

- Players can compete in a maximum of 2 divisions. Subject to the size of the division and cap of 500.
- Limitations of Development (Novice) black belt divisions.
  - Cannot enter both development and Senior divisions
  - Cannot have been a national level black belt medallist
  - Cannot have been a state level black belt champion
  - Players found breaching these requirements will be disqualified.
- 15-17 Juniors can go in Senior divisions.
- 12-14 Cadets can go in 15-17 Juniors.
- Masters (31+ yrs) and Seniors will be separated.

### Weigh- in

There will be 5 weigh-in sessions for sparring. Friday 4-6pm, Saturday 8-8.45 & 12-12.45pm, Sunday 8-8.45 & 12-12.45pm. Athletes can weigh in at any session before their matches. A minimum dress code of T-shirt and Shorts (not underwear) will be strictly enforced during weigh-in with an allowance of 0.5 kg. Players not meeting their weight category will be permitted one additional chance, one hour from original weigh-in time.

**Uncontested Players:** Uncontested players may elect to receive either a medal and T-Shirt (1st division) or a full refund. Players wishing to receive a medal are to be present in full uniform when directed.

**Medical Conditions:** Players are advised to inform their coach of any relevant health information for the purposes of treatment. Instructors are advised that they should maintain appropriate emergency contact details for their players.



## POOMSAE INFORMATION

Poomsae format will be 1v1. There will be a single repechage system to ensure all players have a fair chance. 1v1 divisions only require a student to know up to their grading level. All poomsae divisions will be run on the Saturday. Players cannot enter both WT and 1v1 divisions.

### 1v1 Recognised Individual

Age	< 7	8-9	10-11	12-14	15-17	18-30	31-40	41-50	51-60	61+
Belt level			Pattern 1			Pattern 2				
Yellow			Il Jang (1)			E Jang (2)				
Blue			Sam Jang (3)			Sa Jang (4)				
Red			Yuk Jang (6)			Chil Jang (7)				
1 <sup>st</sup> & 2 <sup>nd</sup> Poom/Dan			Pahl Jang (8)			Koryo				
3 <sup>rd</sup> & 4 <sup>th</sup> Poom/Dan			Geumgang			Taeback				
5 <sup>th</sup> & 6 <sup>th</sup> Dan			Pyongwon			Sipjin				
7 <sup>th</sup> & 8 <sup>th</sup> Dan			Jitae			Chonkwon				

**Recognised Pairs** – Pairs can be mixed or same gender, any belt, any age. Division is according to HIGHEST RANKED member.

**Teams Poomsae** – 3 of any age or gender or belt (must do patterns of highest colour)

**Family** – Mixed (any gender combination permitted). Two or more members – Siblings, Parent(s) and Child(ren) or Spouses. Any pattern can be performed together.

Age	< 7	8-9	10-11	12-14	15-17	18-30	31-40	41+
Belt level			Pattern 1			Pattern 2		
Yellow			Il Jang (1)			E Jang (2)		
Blue			Sam Jang (3)			Sa Jang (4)		
Red			Yuk Jang (6)			Chil Jang (7)		
Black			Pahl (8)			Koryo		





## WT - Black Belt Only

This competition will be conducted in accordance with WT rules (@ 14 Nov 2016. Designated Poomsae for each round will be randomly selected announced and published on [www.goldcoastopen.com.au](http://www.goldcoastopen.com.au) the week before the event. WT divisions require students to know all poomsae in the division.

### WT Individual: Male & Female

Age	Compulsory Poomsae
12-14	Taegeuk 4, 5, 6, 7, 8, Koryo, Keumgang
15-17	Taegeuk 4, 5, 6, 7, 8, Koryo, Keumgang, Taebaek
18 -30 / 31-40	Taegeuk 6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin
41-50 / 51-60	Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon
61-65 / 66+	Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon, Hansu

**WT Pairs:** Gender: Mixed 1 Male & 1 Female  
Or

**WT Teams:** Gender: Male x 3 or Female x 3

Age	Compulsory Poomsae
12-14	Taegeuk 4, 5, 6, 7, 8, Koryo, Keumgang
15-17	Taegeuk 4, 5, 6, 7, 8, Koryo, Keumgang, Taebaek
18 -30	Taegeuk 6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin
31+	Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon

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## **Freestyle Poomsae with Music**

Individual Poomsae

Divisions – Under 12, 12-17, 18+ Pattern time 60-70 seconds.

Pairs - Mixed or same gender.

Divisions – Under 12, 12-17, 18+ Pattern time 60-70 seconds.

Team Poomsae - Min of 3 max 5 members. Mixed or same gender.

Divisions – Under 12, 12+ Pattern time 60-70 seconds.

Freestyle poomsae will follow a modified format of the WT Freestyle. For more details visit [www.goldcoastopen.com.au](http://www.goldcoastopen.com.au). Music for the routine shall have no lyrics. All competitors must provide their own music piece (in USB format) at check-in, please only include that music file on the USB.

## **PARA Poomsae**

Para-Taekwondo is a new and fast-growing sport for disabled athletes. Each year we have more and more enter this category. Our aim is to be an inclusive sport.

Belt level	Any Pattern in the range
Yellow	Il Jang (1) – Sam Jang (3)
Blue	Sam Jang (3) – Yuk Jang (6)
Red	Yuk Jang (6) – Pahl Jang (8)
Black	Pahl Jang (8) - Hansu

## **Jump front kick competition**

Youth and Cadet only.

The Jump kick event is conducted during the lunch time break on both days. It involves kicking a target on the jump kick machine. Highest in age and height category. Approximately 10 per division. 3 misses in total you are eliminated.

Athletes must land on their feet. Number of medals will depend on the size of each division. Due to safety concerns we have removed Junior, Senior and Masters jump kick divisions.

Winners receive a gold kick target and gold medal.

**Second chance.** Athletes who don't medal on the Saturday can compete on the Sunday as well.

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## **General Information**

### **Embroidered Black belts**

- Awarded to winners: all Black belt Sparring and Individual Black belt Poomsae. Oly 1 belt per player.

### **Team Awards**

In recognition to your club for the work they do in preparing players for the Gold Coast Open.

- Most Entries by a Club or branch
- 10 Entries or more by a club
- All teams from interstate or overseas.

### **Referees/ Judges**

All Officials must register online to be catered for. Referees must be AT, WTO, or IR (WT) qualified. In addition to payment, officials and volunteers will receive a MGO shirt and medal as well as a several other gifts in appreciation. We are currently finalising a payment /package for all officials. Please direct all queries to Michael Tan on 0404052609 or [info@goldcoastopen.com.au](mailto:info@goldcoastopen.com.au) . Interstate referees will be given a subsidy based on qualifications and experience.

### **Early registration**

Students and Instructors are encouraged to take advantage of the early bird discount. We cap the competition at 500 players. 50% of the players are from interstate or overseas. Early registration allows players and families to secure cheaper flights.

### **Online system**

Our online registration system has been setup for your convenience. No need to post the form, just bring a signed copy to the weigh in on the day. Your instructor and coach will automatically get emailed a copy of the form. You can modify your form up to the closing date. Entries must be paid online via PayPal / credit card before being accepted.

### **Accommodation**

Being a two-day event, many families have decided to spend the weekend down the Gold Coast. There are no school holidays over this period meaning there are some very good deals online. We recommend staying at Surfers Paradise, Broadbeach or Mermaid Beach which are about a 15-minute Taxi fare to the venue. Closest hotels are the Royal Pines and Mercure hotels. There are no buses supplied by the organizers.

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### **Liability**

All participants in the competition take part at their own risk. While all care is taken, the organisers and their representatives can take no responsibility, under any circumstances, for any damages, injuries or loss to individuals or equipment.

**Privacy:** Personal details collected are solely for the purpose of the competition involved.

**Refunds:** Refunds will be given to withdrawal up to the final draw being published. A doctor's certificate is required for refunds after the final draw has been published. There will be a \$20 admin fee before the draw and \$50 admin fee after the draw. No refunds for withdrawals on the day.

### **No Fundraising / Selling goods**

There is to be no fundraising or selling of goods apart from the official vendors. Patrons will be asked to leave if found in breach.

### **Payments**

All entries must be paid at the time of registration. Entries will not be processed until payment is made. The system will not allow payment via cheque, money order or cash. The only method of payment is via PayPal through the online system.



Taekwondo

Taekwondo 25 – 28 July / Para Taekwondo 3 - 5 September

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